

1st Quarter Prayers

Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen

Glory Be to the Father

Glory be the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end.
Amen

Grace Before Meals

Bless us, O Lord, and these
your gifts
which we are about to receive
from your goodness.
Through Christ our Lord.
Amen

Grace After Meals

We give you thanks
almighty God
for these and all your gifts,
which we have received through
Christ our Lord.
Amen

Hail Mary

Hail Mary, full of grace,
the Lord is with you!
Blessed are you among women,
and blessed is the fruit of your
womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of
our death.
Amen

Prayer Before the Blessed Sacrament

Jesus,
You are God-with-us,
especially in this Sacrament
of the Eucharist.
You love me as I am
and help me grow.

Our Father

Our Father, who art in heaven,
hallowed by thy name;
thy kingdom come;
they will be done on earth as
it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil. Amen